

# MOVETIME

Smartwatch



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[www.sar-tick.com](http://www.sar-tick.com)

This device meets applicable national SAR limits of 4.0W/kg.

# <https://www.mobile-manuals.com/> Getting to know your MOVETIME Smartwatch

Wear, Feel, Touch and Experience it:

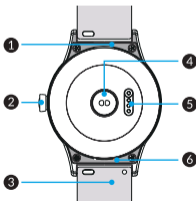
- Track your fitness activities.
- Calculate steps, calories burned, distance, sleep patterns and heart rate.
- Track SMS messages, e-mails and calls on your wrist.
- Control your smartphone's music and camera by rotating your wrist or touching the watch's screen.
- Update weather reports and upgrade firmware on your watch using a Wi-Fi connection.

## Minimum requirements for paired devices

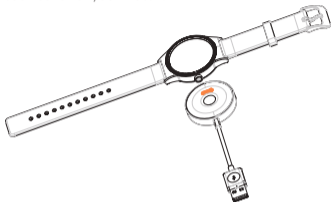
- Android 4.3
- iOS 8, iPhone 4S and above
- Bluetooth 4.0

## Overview

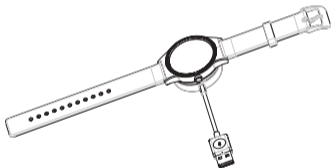
- 1 Speaker
- 2 Power key
- 3 Wristband
- 4 Heart rate sensor
- 5 Charging port
- 6 Microphone



Ensure that the pins in the charging dock are aligned with the pins in the back cover of your watch.



Connect the USB port with a computer to begin charging via the USB cable.



**Notes:**

1. Use the USB cable included in the box for charging.
2. Keep the charging port clean. Wipe away any dirt or sweat before charging.

Keep your MOVETIME Smartwatch and your wrist clean and dry when wearing. Wipe off any sweat after exercising. Clean your MOVETIME Smartwatch regularly with a clean paper towel or soft cotton cloth.

### **Caring for your leather strap**

- Pull the strap carefully when putting your MOVETIME Smartwatch on to reduce wear and tear.
- Keep your MOVETIME Smartwatch in a well-ventilated, cool and dry area. Wipe it dry immediately after exposure to water with a clean paper towel or soft cotton cloth. Soaking in water for long time may influence the quality and lifespan of the strap.
- Do not dry the leather strap by placing it in direct sunlight, or by using heating appliances such as hairdryers or microwaves. Doing so may make the strap surface shrink or expand.
- Avoid contact with rough or sharp objects to prevent damage to your leather strap.
- Do not compress the strap or bend it for a prolonged time, otherwise it may change the shape.
- Keep the strap away from flammable, acidic and alkaline materials. Natural marks or imperfections on the leather are not covered by the warranty.
- Do not pull the strap too tight to prevent creases. Do not bend the strap in the wrong direction as this will result in creases or cracks in the leather.
- Do not attempt to punch holes in the strap yourself.

# 1

## Setting up your MOVETIME Smartwatch

### 1.1 Powering on/off your watch

Long press the **Power key** for 3 seconds until the MOVETIME Smartwatch powers on/off. It will take a few seconds before the screen lights up/switches off. Long press for 8 seconds to force your watch to restart.

**Step 1:** Select language.



**Step 2:** Create your password.



**Note:** Go to the next step after tapping "Skip" or completing the password setting. Once you set a password, you need to input your password after powering on or after a factory reset.

## 1.2 Connecting with Wi-Fi

Touch to choose or connect with a new network and enter the password on your phone.



**Note:** Touch "Skip" to ignore these Wi-Fi settings.

## 1.3 Installing the MOVETIME application on your phone

You can download the **MOVETIME** application in any of the following ways:

- Search for **MOVETIME Smartwatch** in the Google Play store. (For Android)
- Search for **MOVETIME Smartwatch** in the App Store. (For iOS)
- Scan the following QR codes.







## 2 Pairing


1. Start the MOVETIME application to begin pairing. Choose to sign up, log in with your account and complete your profile. Then touch **CONNECT YOUR WATCH**.
2. Turn on Bluetooth on your phone.



3. Select your MOVETIME Smartwatch in the Available devices list. Touch it to connect.
4. Touch the  icon on your watch to confirm. Touch the  icon on your watch to reject pairing.



**Note:** Your MOVETIME Smartwatch can only be paired with your phone via a Bluetooth connection.

**Bluetooth call** connection is off by default. If you want to start or receive a call from the watch, touch  on the watch control centre to turn it on and then touch **Pair** on system BT pairing page of your phone to connect.

## 3 Screen

### Home screen

- Swipe left to access the MAIN MENU.



### Main Menu

The screen is provided in an extended format. You can scroll up/down for more functions, all of which can be opened by touching them.



## 3.1 Using the touch screen

### Touch

To access, select an application or confirm an action, touch it with your finger.

### Swipe left/right

Swipe left to open the menu and access an application.

Swipe right to go back.

### Slide up/down

Slide up on the home screen to open notifications. Slide down to go back.

Slide up on the watch face selection page to view the other four watch faces.

Slide down on the home screen to view the control centre. Slide up to go back.

## 3.2 Watch face

Use the watch face function to personalize the appearance of your watch. 30 watch faces are available: choose from 6 different styles, each of which can be shown in 5 different formats. You can

long press the screen and swipe left/right to select your favourite style and then swipe up to preview the four other formats. Select your favourite one by touching it.



## 4 Contacts & Bluetooth Call

When there is an incoming call, touch to answer or reject it, or press power key to mute it.

You can synchronize 20 contacts from your phone with your watch using the MOVETIME application. You can then call any of them by simply touching the contact name whenever your Smartwatch is connected to your phone.



**Note:** Make sure that your MOVETIME Smartwatch is connected with your phone.

## 5 Applications



Call allows you to dial, answer and reject calls via your watch. First enable Bluetooth calling. On the Home screen touch the Dial icon, input a number and touch the Call icon. Alternatively, open Contacts, select a contact and touch the Call icon. For incoming calls, the watch will vibrate and an incoming call screen will display. Touch to answer or reject the call.



Activity records all of your actions. You can view detailed data for different modes such as Steps, Calories, Distance, Sleep, etc.



Setting allows you to configure your Wi-Fi, gesture, ringtone, time, password, firmware, language, factory setting etc. Scroll up/down and touch the one that you want to set. Please find more details on the following page.





Heart Rate measures your heart rate. Touch the heart-shaped icon to obtain a measurement over several seconds. Note that your MOVETIME Smartwatch must have proper contact with your wrist to ensure the data is accurate. Do not move your body while taking heart rate measurements.



Music enables you to skip, pause or stop the song currently playing on your phone. You can also adjust sound volume by touching the **Volume +/-** on your watch screen.



Event shows you items entered in your calendar. You can view events in your watch and edit them in the App. Your watch will indicate when an event is happening. You can touch  to close this event or touch  to snooze.



Workout tracks your fitness activities. You can identify a lap within your workout period and then swipe the screen to view detailed information (such as the steps you took, distance you covered) for each one. You can select running and walking modes, and touch the heart-shaped icon to enable continuous heart rate measurement during your workout.



Alarm provides you with a reminder whenever a preset time has arrived. You can set the time, repeat or switch on/off the alarm on your watch. Your watch will indicate when the time has arrived and you can then touch it to either dismiss or snooze the alarm.



Weather provides a forecast for today and for the next 4 days. Current temperature is displayed in the bottom left of the screen. You can swipe right to see the weather forecast for the next day.



Camera controls your phone's camera, allowing you to take a photo remotely. Touch the icon on your MOVETIME Smartwatch to turn on Camera and touch to take a picture. Images will be saved in your phone's Gallery.



World clock displays 5 different time settings. You can long press the world clock to change and set the time zone.



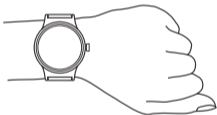
Find my phone helps you to locate the smartphone paired with your watch. Touch it and your phone's alarm will sound or vibrate if it is currently connected with your MOVETIME Smartwatch.



Tools include a Stopwatch and Timer.

Stopwatch measures the amount of elapsed time and Timer provides you with a countdown. Select a time and press OK to begin. You can choose to continue or cancel the timer by touching the icon.

**Note:** If you are using the Heart Rate application, your MOVETIME Smartwatch should be fastened firmly to your wrist as shown in the following picture, to ensure the results are accurate. Do not move during the test, otherwise the results may be abnormal.



If you enable continuous heart rate measurement during a workout, do not move for 15 seconds before you start exercising.

## 6.1 Icons



Aeroplane mode is on



Aeroplane mode is off



Wi-Fi is on



Opening



Wi-Fi is off



Bluetooth is on



Bluetooth is connecting



Bluetooth is off



Bluetooth call is on



Opening



Bluetooth call is off



Battery is full



Battery is charging



Battery is low



Brightness



Volume





Do not disturb is on.



Vibrate



Do not disturb is off



Mute

## 6.2 Notifications<sup>(1)</sup>

When there are notifications, touch and drag up to open the Notification panel and read the detailed information<sup>(2)</sup>. Long press the notification 3s, and then select **Dismiss** to delete the notifications.



**Message:** Shows you the sender and contents of an incoming message.

**E-mail:** Reminds you of unread e-mails.

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(1) Make sure MOVETIME Smartwatch is connected with your phone.

(2) MOVETIME Smartwatch will gently vibrate when there is an incoming notification.

**Wi-Fi:** Open Wi-Fi and connect to a Wi-Fi hotspot by following the pop-up instructions. Your phone will remind you to input the Wi-Fi code.

**Gesture control:** MOVETIME Smartwatch allows you to set Media control and light screen. Touch Media control to set music or camera control by using gesture when wearing your Movetime Smartwatch. Touch the light screen and select bring to see to light up the screen.

**Music control:** Tap your watch two times on the home screen to play or pause music. Keep your watch still for two seconds before beginning a gesture. Then, turn your wrist 90° forward or backward and maintain that position for 1 second before returning to the start position in order to play the next or previous song in your smartphone.

**Camera control:** Tap the home screen of your watch twice to turn your smartphone's camera off or on. Keep your watch still for two seconds, then turn your wrist 90° forward and maintain that position for 1 second before returning to the start position in order to take a photo.



**General:** Change languages, alternate between black or white backgrounds, and adjust the length of time before screen timeout occurs.

**Ring:** Set ringtones for incoming calls, Alarm and Notifications.

**Time setting:** You can choose to synchronise time with your linked smartphone, or set the time zone, date and time on watch manually.

**Phone Lock:** If this function is enabled, you will need to input your password after powering on or performing a factory reset.

**Firmware:** Check the current firmware version and update to a new version if one is available and your watch is connected to a Wi-Fi hotspot.

**Factory reset:** Reset your watch.

**About:** This provides additional information about your watch, such as **Model name**, **BT ID**, **Wi-Fi MAC**, **BT MAC**, Serial number and SW version.

## 8 MOVETIME application

The MOVETIME application helps you to pair your MOVETIME Smartwatch with your phone, review your activities, set goals, etc.

You need to sign up, log in, or complete your profile before using it for the first time. You can set up your account in the following ways:

Create an account on MOVETIME sign-up page directly.

Use other social app accounts (such as Facebook or Twitter) to log in.

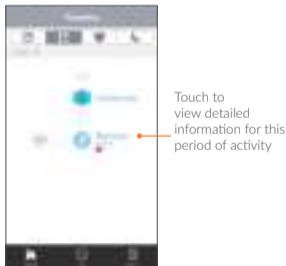
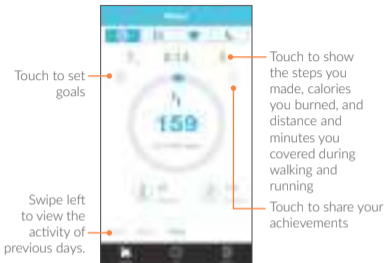
If you forget your MOVETIME account:

1. Searching your welcome e-mail. You can find account in this mail.
2. Input your e-mail address to log in (You can see the indication from log in page) and then get your account/name from profile.

## 8.1 Home

Shows your general activity:

For iOS:





Shows the maximum and minimum Heart Rates which you measured



Shows your deep and light sleep periods

**For Android:**

Touch to show the menu list

Touch to set goals

Swipe right to view the activity of previous days



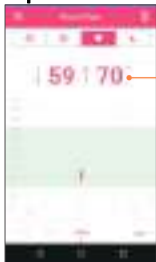
Touch to show the steps you made, calories you burned, and distance and minutes you moved during walking and running

Touch to share your achievements



Touch to view detailed information for this period of activity





Shows the maximum and minimum Heart Rates which you measured



Shows your deep and light Light sleep periods

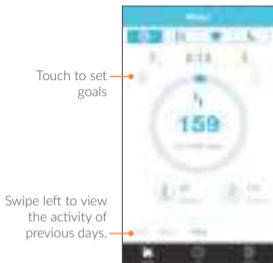


## 8.2 Me

- Profile** Touch to update your photo or personal information such as name, gender, height, weight, and date of birth.
- My Account** Shows your account information and helps you to change your password and delete your account info.
- My Achievements** Touch to view your achievements
- Language** Touch to select the language you want. App will synchronise with your phone system language by default.
- Synchronisation** You can choose whether your data is automatically synchronised to the cloud, or only when Wi-Fi is connected.
- MOVETIME** Show current app version
- Help** Touch to get more information about your watch. You can find our Terms and Conditions of Use, Privacy Policy, FAQ, UM download etc. under this menu. For Android, you can find Help in the main screen. For IOS, touch **Me** and find the Help.
- Log Out** Touch to log out.

## 8.3 Setting goals

For iOS:



For Android:

Touch to set goals



Touch to set your daily goal

Enable to remind you when you reach 80% of your daily goal



## 8.4 Watch

- Watch Face** Touch to change your watch face.
- Contacts** Touch to enable to notifications of calls and messages on your watch via Bluetooth. You can also identify a maximum of 20 VIP contacts which will then be synchronised with your watch.
- Notifications** Select some apps so that notifications from them will be displayed on your MOVETIME Smartwatch.
- Settings** Please refer the following chapter for further details on watch settings.

## 8.5 Settings

- Calendar Events** Select to make your MOVETIME Smartwatch remind you of calendar events
- Anti-loss** If this function is enabled and you are too far from your phone, your MOVETIME Smartwatch will vibrate.
- Inactivity Reminder** Your MOVETIME Smartwatch will remind you if you've been inactive for a certain amount of time.
- Do Not Disturb** You can set a period of time during which your MOVETIME Smartwatch won't vibrate.
- Location** Detects your location for accurate weather forecasting.
- Firmware Version** Displays the MOVETIME Smartwatch firmware version.
- Factory Reset** Touch to reset all settings. All your data stored in your watch will be deleted.

**Forget current watch**

Touch to disconnect the current MOVETIME Smartwatch, and allow your phone to connect to a new watch.

## 9 Upgrade

### 9.1 Watch Firmware update

Your MOVETIME Smartwatch can be upgraded via Wi-Fi once connected with your mobile phone.

You can touch Settings > Firmware to check your current version and touch **Update** to upgrade if a new version is available and you are connected to a Wi-Fi network.



### 9.2 Upgrading the MOVETIME application

If a new app version is available, there will be an UPDATE icon under Me\MOVETIME. Touch this to update the app to the latest version.

We recommend that you read this chapter carefully before using your device. The manufacturer disclaims any liability for damage, which may result as a consequence of improper use or use contrary to the instructions contained herein.

#### **TRAFFIC SAFETY:**

Given that studies show that using a device while driving a vehicle constitutes a real risk, drivers are requested to refrain from using their device when the vehicle is not parked.

When switched on, MOVETIME Smartwatch emits electromagnetic waves that can interfere with the vehicle's electronic systems such as ABS anti-lock brakes or airbags. To ensure that there is no problem:

- Do not place MOVETIME Smartwatch on top of the dashboard or within an airbag deployment area.
- Check with your car dealer or the car manufacturer to make sure that the dashboard is adequately shielded from RF energy.

#### **CONDITIONS OF USE:**

You are advised to switch off MOVETIME Smartwatch from time to time to optimise its performance.

Switch MOVETIME Smartwatch off before boarding an aircraft.

Switch MOVETIME Smartwatch off when you are in health care facilities, except in designated areas. As with many other types of equipment now in regular use, mobile devices can interfere with other electrical or electronic devices, or equipment using radio frequency.

Switch MOVETIME Smartwatch off when you are near gas or flammable liquids. Strictly obey all signs and instructions posted in a fuel depot, petrol station, or chemical plant, or in any potentially explosive atmosphere.

When MOVETIME Smartwatch is switched on, it should be kept at least 15 cm from any medical device such as a pacemaker, a hearing aid or insulin pump, etc.

Do not let children use MOVETIME Smartwatch and/or play with it and accessories without supervision.

Please note that MOVETIME Smartwatch is a unibody device, the battery is not removable. Do not attempt to disassemble MOVETIME Smartwatch. If you disassemble your device the warranty will not apply. Also disassembling the device may damage the battery, and may cause leakage of substances that could create an allergic reaction.

Always handle your MOVETIME Smartwatch with care and keep it in a clean and dust-free place.

Do not allow MOVETIME Smartwatch to be exposed to adverse weather or environmental conditions (moisture, humidity, rain, infiltration of liquids, dust, sea air, etc.). The manufacturer's recommended operating temperature range is  $-10^{\circ}\text{C}$  to  $+50^{\circ}\text{C}$ .

At over  $55^{\circ}\text{C}$  the legibility of the device's display may be impaired, though this is temporary and not serious.

Do not open, dismantle or attempt to repair your MOVETIME Smartwatch yourself.

Do not drop, throw or bend your MOVETIME Smartwatch.

Do not use MOVETIME Smartwatch if the glass made screen, is damaged, cracked or broken to avoid any injury.

Do not paint it.

Use only batteries, battery chargers, and accessories which are recommended by TCL Communication Ltd. and its affiliates and are compatible with your device model. TCL Communication Ltd. and its affiliates disclaim any liability for damage caused by the use of other chargers or batteries.

Pay attention to any warnings.

Do not attempt to open or disassemble MOVETIME Smartwatch. Under inappropriate operation, the device and battery can be damaged and be hazardous to the human body and the environment.

Do not clean MOVETIME Smartwatch with corrosive cleaning products.

Do not place MOVETIME Smartwatch in dishwashers, washing machines or dryers.

Do not place MOVETIME Smartwatch on or in heating devices, such as microwave ovens, stoves, or radiators.

Do not expose MOVETIME Smartwatch to extreme temperatures. The recommended temperature ranges from -20°C to 55°C.

Do not place MOVETIME Smartwatch close to fire.

Do not dispose of MOVETIME Smartwatch in a fire. This may cause the device to explode.

Prevent the USB connector from contacting water to avoid rust.

Do not crush, drop, or puncture your MOVETIME Smartwatch.

Never allow children to play with MOVETIME Smartwatch. Small components may present a choking hazard to children.

You are not recommended to wear MOVETIME Smartwatch on the frequently-used hand.

### **IP (Ingress Protection) Rating**

Your device has been tested in a controlled environment and certified to be water- and dust-resistant in specific situations (meets requirements of classification IP67 as described by the international standard IEC 60529 - Degrees of Protection provided by Enclosures [IP Code]; test conditions: 15 - 35 °C, 86 - 106 kPa, 1 metre, 30 minutes). Despite this classification, your device is not impervious to water damage in any situation.

You may, for example, wear and use the device during exercise (exposure to sweat is OK), in the rain, and while washing your hands with fresh water. But submerging your device is not



recommended and the device is only protected against low pressure water stream. Therefore, it's not recommended to wear your device while swimming or taking a shower.

**When using your device, note that:**

If the device is exposed to fresh water, dry it thoroughly with a clean, soft cloth. If the device is exposed to any liquid other than fresh water, such as salt water, liquid chemicals, vinegar, alcohol, and liquid detergent, rinse the device with fresh water immediately and dry it thoroughly with a clean, soft cloth. Failure to rinse the device in fresh water and dry it as instructed may cause it to suffer from operability or cosmetic issues.

Dry your device before charging.

Do not submerge the device.

Do not expose the device to pressurized water or high velocity water, such as water running from a tap, ocean waves, or waterfalls.

Do not wear your device in the sauna or steam room.

Even if your device is resistant to dust and water, you should avoid exposing it to environments with excessive dust, sand and mud or to moist environments with extreme high or low temperatures.

Your warranty does not cover damage or defects caused by abuse or improper use of your device (including use in environments where the relevant IP rating limitations are exceeded).

The first digit in the two-digit IP rating indicates the level of protection against solid objects, such as dust. The second digit indicates how resistant the device is to water, as explained in the table below:

**Resistance to solid objects such as dust**

0: No special protection

1: Protected against solid objects larger than 50mm in diameter

2: Protected against solid objects larger than 12mm in diameter

- 3: Protected against solid objects larger than 2.5mm in diameter
- 4: Protected against solid objects larger than 1mm in diameter
- 5: Protected against dust; limited ingress (no harmful deposit)
- 6: Totally protected against dust

### **Resistance to water**

- 0: No special protection
- 1: Protected against dripping water
- 2: Protected against dripping water when device is tilted up to 15 degrees
- 3: Protected against spraying water
- 4: Protected against splashing water
- 5: Protected against low pressure jets of water from all directions
- 6: Protected against temporary flooding of water
- 7: Protected against the effects of immersion in up to 1 metre of water for 30 minutes

### **ALLERGENS:**

TCL Communication Ltd. avoids using known allergens in our products. From time to time, trace amounts of an allergen may be added during manufacture of a device or device component that could cause discomfort for some individuals. This approach is common for many types of products. We recommend that you monitor any products that may be in prolonged contact with your skin, and remove them if you experience skin irritation.

### **HEART RATE ALERT**

TCL Communication Ltd. shall not be liable in the event of inaccuracy of your heart rate or failure to provide the heart rate.

### **EXERCISE**

Pedometer, Sleep, Workout, and Heart Rate are intended for leisure, well-being and fitness purposes only and are not

intended for medical use. Before using these applications, read the instructions carefully. Consult a medical professional if you experience any health problems or need medical assistance.

### **Heart rate monitor**

The heart rate figures may not be accurate depending on measurement conditions and surroundings.

- Take heart rate measurements when you are seated and relaxed.
- If heart rate measurements are taken at low temperatures, the result may be inaccurate.
- Do not move your body while taking heart rate measurements. Doing so may cause your heart rate to be recorded inaccurately.
- Users with thin wrists may receive inaccurate heart rate measurements.
- Inaccurate measurements occur when the device is loose and the light used to provide the measurement is reflected unevenly.
- If the measurement is very different from the expected heart rate, rest for 30 minutes and then measure it again.
- During winter or in cold weather, keep yourself warm when measuring your heart rate.
- Smoking or consuming alcohol before taking measurements may cause your heart rate to be different from your normal heart rate.
- Do not talk, yawn, or breathe deeply while taking heart rate measurements. Doing so may cause your heart rate to be recorded inaccurately.
- If your heart rate is extremely high or low, measurements may be inaccurate.
- Heart rate measurements taken for infants and toddlers may be inaccurate.

- Do not look directly at the heart rate sensor's lights. Doing so may impair your vision.
- If heart rate measurement is not working properly, adjust the position of MOVETIME Smartwatch on your wrist. For example, move MOVETIME Smartwatch right, left, up, or down on your wrist to adjust the position of the heart rate measurement sensor. Or, wear MOVETIME Smartwatch with the heart rate sensor firmly against the inside of your wrist.
- If the heart rate sensor is dirty, wipe the sensor and try again.

### **Before You Start Exercising**

This app can be used to monitor your exercise. While moderate physical activity, such as brisk walking, is safe for most people, health experts suggest that you talk with your doctor before you start an exercise program, particularly if you have any of the following conditions:

- Heart disease.
- Asthma or lung disease.
- Diabetes, or liver or kidney disease.
- Arthritis.

You should also check with your doctor if you have symptoms suggestive of heart, lung, or other serious disease, such as:

- Pain or discomfort in your chest, neck, jaw, or arms during physical activity.
- Dizziness or loss of consciousness.
- Shortness of breath with mild exertion or at rest, or when lying down or going to bed.
- Ankle swelling, especially at night.
- A heart murmur or a rapid or pronounced heartbeat.
- Muscle pain when walking upstairs or up a hill that goes away when you rest.

Finally, it is recommended that you see your doctor before engaging in vigorous exercise if two or more of the following apply:

- You are a man older than age 45 or a woman older than age 55.
- You have a family history of heart disease before age 55.
- You smoke or quit smoking in the past six months.
- You have not exercised for three months or more.
- You are overweight or obese.
- You have high blood pressure or high cholesterol.
- You have impaired glucose tolerance, also called pre-diabetes.

### **When in Doubt - Check it Out**

If you are unsure of your health status, have several health problems, or are pregnant, you should speak with your doctor before starting a new exercise program. Working with your doctor ahead of time is a good way to plan an exercise program that is right and safe for you. Consider it the first step on your path to physical fitness.

### **PRIVACY:**

Please note that you must respect the laws and regulations in force in your jurisdiction or other jurisdiction(s) where you will use your device regarding taking photographs and recording sounds with your device. Pursuant to such laws and regulations, it may be strictly forbidden to take photographs and/or to record the voices of other people or any of their personal attributes, and duplicate or distribute them, as this may be considered to be an invasion of privacy. It is the user's sole responsibility to ensure that prior authorisation be obtained, if necessary, in order to record private or confidential conversations or take a photograph of another person; the manufacturer, the seller or vendor of your device (including the operator) disclaim any liability which may result from the improper use of the device.

Please note by using MOVETIME Smartwatch some of your personal data may be shared with the main device (smartphone). It is under your own responsibility to protect your own personal data, not to share it with any unauthorized devices or third party devices connected to yours. Be sure to remove or clear all personal information before you recycle, return, or give away your product. Choose your apps and updates carefully, and install from trusted sources only. Some apps can impact your product's performance and/or have access to private information including account details, call data, location details and network resources.

Note that any data shared with TCL Communication Ltd. is stored in accordance with applicable data protection legislation. For these purposes TCL Communication Ltd. implements and maintains appropriate technical and organizational measures to protect all personal data, for example against unauthorized or unlawful processing and accidental loss or destruction of or damage to such personal data whereby the measures shall provide a level of security that is appropriate having regard to

- the technical possibilities available,
- the costs for implementing the measures,
- the risks involved with the processing of the personal data, and
- the sensitivity of the personal data processed.

You can access, review and edit your personal information at any time by logging into your user account, visiting your user profile or by contacting us directly through [privacy.europe@tcl.com](mailto:privacy.europe@tcl.com). Should you require us to edit or delete your personal data, we may ask you to provide us with evidence of your identity before we can act on your request.

#### **BATTERY:**

Following air regulation, the battery of your product is not fully charged. Please charge it first.

Please note your MOVETIME Smartwatch is a unibody device, the battery is not removable. Observe the following precautions:

- Do not attempt to open the back cover.
- Do not attempt to eject, replace and open battery.
- Do not punctuate the back cover of your device.
- Do not burn or dispose of your device in household rubbish or store it at temperature above 60°C.

Device and battery as a unibody device must be disposed of in accordance with locally applicable environmental regulations.



This symbol on your device, the battery and the accessories means that these products must be taken to collection points at the end of their life:

- Municipal waste disposal centres with specific bins for these items of equipment.
- Collection bins at points of sale.

They will then be recycled, preventing substances being disposed of in the environment, so that their components can be reused.

### **In European Union countries:**

These collection points are accessible free of charge.

All products with this sign must be brought to these collection points.

### **In non European Union jurisdictions:**

Items of equipment with this symbol are not to be thrown into ordinary bins if your jurisdiction or your region has suitable recycling and collection facilities; instead they are to be taken to collection points for them to be recycled.

**CAUTION: RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.**

In order to avoid any technical issues, **TCL** recommends to charge under 5V, 500mA via USB connector.

Mains powered chargers will operate within the temperature range of: 0°C to 45°C.

The chargers designed for MOVETIME Smartwatch meet with the standard for safety of information technology equipment and office equipment use. They are also compliant to the ecodesign directive 2009/125/EC. Due to different applicable electrical specifications, a charger you purchased in one jurisdiction may not work in another jurisdiction. They should be used for this purpose only.

### **RADIO WAVES:**

#### **THIS DEVICE MEETS INTERNATIONAL GUIDELINES FOR EXPOSURE TO RADIO WAVES**

Your device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves (radio frequency electromagnetic fields) recommended by international guidelines. The guidelines were developed by an independent scientific organization (ICNIRP) and include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

The radio wave exposure guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit for mobile devices is 4 W/kg.

Tests for SAR are conducted using standard operating positions with the device transmitting at its highest certified power level in all tested frequency bands. The highest SAR values under the ICNIRP guidelines for this device model are:

Maximum SAR for this model and conditions under which it was recorded.
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Body-worn SAR	0.23 W/kg
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During use, the actual SAR values for this device are usually well below the values stated above. The lower the power output of the device, the lower its SAR value.

Body-worn SAR testing has been carried out at a separation distance of 0 mm.

For more information you can go to [www.tclcom.com/wearables](http://www.tclcom.com/wearables). Additional information about electromagnetic fields and public health are available on the following site: <http://www.who.int/peh-emf>.

## General information

- Internet address: [www.tclcom.com/wearables/](http://www.tclcom.com/wearables/).
- Hotline: See the "SERVICES" leaflet that came with your device or go to our website.
- Manufacturer: TCL Communication Ltd.
- Address: 5/F, Building 22E, 22 Science Park East Avenue, Hong Kong Science Park, Shatin, NT, Hong Kong

On our website, you will find our FAQ (Frequently Asked Questions) section. You can also contact us by email to ask any questions you may have.

This radio equipment operates with the following frequency bands and maximum radio-frequency power:

**Bluetooth (2.4GHz -2.484GHz) < 12 dBm**

**WIFI (2.4G-2.484GHz) < 16dBm**

Hereby, TCL Communication Ltd. declares that the radio equipment type TCL MT10G is in compliance with Directive 2014/53/EU.

The full text of the EU declaration of conformity is available at the following internet address: [http://www.tclcom.com/wearables/EU\\_doc](http://www.tclcom.com/wearables/EU_doc).

The description of accessories and components, including software, which allow the radio equipment to operate as intended, can be obtained in the full text of the EU declaration of conformity at the following internet address: [http://www.tclcom.com/wearables/EU\\_doc](http://www.tclcom.com/wearables/EU_doc).

## LICENCES



The Bluetooth word mark and logos are owned by the Bluetooth SIG, Inc. and any use of such marks by TCL Communication Ltd. and its affiliates is under license. Other trademarks and trade names are those of their respective owners.

### **TCL MT10G Bluetooth Declaration ID D032715**



The Wi-Fi Logo is a certification mark of the Wi-Fi Alliance.

We hereby point out that the end user warranty for infringement IPR is solely limited to the EU/EEA/Switzerland.

If and to the extent that the Product is exported, taken with or used by end customer or end user outside the EU/EEA/Switzerland any responsibility, warranty or indemnification of manufacturer and its suppliers in regard to the Product expires (including any indemnification in regard to infringement IPR).

TCL Communication Ltd. WILL NOT BE LIABLE FOR ANY DAMAGES OF ANY KIND ARISING OUT OF OR RELATING TO THE USE OR THE INABILITY TO USE THE SOFTWARE OR ANY THIRD PARTY APPLICATION, ITS CONTENT OR FUNCTIONALITY, INCLUDING BUT NOT LIMITED TO DAMAGES CAUSED BY OR RELATED TO ERRORS, OMISSIONS, INTERRUPTIONS, DEFECTS, DELAY IN OPERATION OR TRANSMISSION, COMPUTER VIRUS, FAILURE TO CONNECT, NETWORK CHARGES, IN-APP PURCHASES, AND ALL OTHER DIRECT, INDIRECT, SPECIAL, INCIDENTAL, EXEMPLARY, OR CONSEQUENTIAL DAMAGES EVEN IF TCL Communication Ltd. HAS BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. SOME JURISDICTIONS DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE EXCLUSIONS OR LIMITATIONS MAY NOT APPLY TO YOU. NOTWITHSTANDING THE FOREGOING, TCL Communication Ltd. TOTAL LIABILITY TO YOU FOR ALL LOSSES, DAMAGES, CAUSES OF ACTION, INCLUDING BUT NOT LIMITED TO THOSE BASED ON CONTRACT, TORT, OR OTHERWISE, ARISING OUT OF YOUR USE OF THE SOFTWARE OR THIRD PARTY APPLICATIONS ON THIS DEVICE, OR ANY OTHER PROVISION OF THIS EULA, SHALL NOT EXCEED THE AMOUNT YOU PAID SPECIFICALLY FOR THE MOVETIME APPLICATION OR ANY SUCH THIRD PARTY APPLICATION THAT WAS INCLUDED WITH THIS DEVICE. THE FOREGOING LIMITATIONS, EXCLUSIONS, AND DISCLAIMERS SHALL APPLY TO THE MAXIMUM EXTENT PERMITTED BY APPLICABLE LAW, EVEN IF ANY REMEDY FAILS ITS ESSENTIAL PURPOSE.

THERE MAY BE CERTAIN DIFFERENCES BETWEEN THE USER MANUAL DESCRIPTION AND THE MOVETIME Smartwatch'S

OPERATION, DEPENDING ON THE SOFTWARE RELEASE OF YOUR DEVICE OR SPECIFIC OPERATOR SERVICES.

### **Childcare**

These devices are not toys and may be hazardous to small children.

### **Recycling**

Please don't dispose of products or electrical accessories (such as chargers, or batteries) with your household waste. Warning: Never dispose of batteries, either separately or within a mobile device, in a fire because they may explode. These items should be disposed of in accordance with the national collection and recycling schemes operated by your local or regional authority. Or, you may return unwanted **TCL** products and electrical accessories to any **TCL** Approved Service Center in your region. Packaging and product guides should only be disposed of in accordance with national collection and recycling requirements. Please contact your regional authorities for more details.

## **Warranty**

We aim at "creating value for consumers". In order to better protect consumers' rights, please read through the following points in case of controversy:

MOVETIME Smartwatch is warranted against any defect or malfunctioning which may occur in conditions of normal use during the warranty period of twelve (12) months from the date of purchase as shown on your original invoice. (The warranty period may vary depending on your country.)

Within the warranty span, damages and defects deemed by authorized technical personnel as incurred from normal uses, are subject to free repair service provided by the company and

the company is allowed to charge or refuse to repair under the following.

Damage caused by accident or abuse.

Conducting or allowing unauthorized personnel to conduct tests, repair, or disassembly of the device.

Damages caused by usage of or connection to non-official accessories.

### **Battery**

This Limited Warranty covers batteries only if battery capacity falls below 80% of rated capacity or the battery leaks, and this Limited Warranty does not cover any battery if:

The battery has been charged by a battery charger not specified or approved by TCL Communication Ltd. for charging the battery;

Any of the seals on the battery are broken or show evidence of tampering; or

The battery has been used in equipment other than MOVETIME Smartwatch for which it is specified.

### **Software**

- Software Embodied in Physical Media.

No warranty is made that the software will meet your requirements or will work in combination with any hardware or software applications provided by third parties, that the operation of the software products will be uninterrupted or error free, or that all defects in the software products will be corrected.

- Software NOT Embodied in Physical Media.

Software that is not embodied in physical media (e.g. software that is downloaded from the Internet), is provided "as is" and without warranty.

Refer to the instructions below before contacting our aftersales service:

**Your MOVETIME Smartwatch can't be detected.**

- Turn on Bluetooth if it is disabled.
- Enable the Bluetooth service to search for devices.
- Restart your Smartwatch or your phone if Bluetooth is turned on and still not working.
- Reset your Smartwatch or forget paired watch from MOVETIME app and also phone system Bluetooth page if your Smartwatch has paired with other phone.

**Your MOVETIME Smartwatch often disconnects from your phone.**

- The background MOVETIME Smartwatch service stops. Restart the application.
- Make sure your MOVETIME Smartwatch is not too far away from your phone.

**Wi-Fi/Bluetooth transferring is slower than expected:**

If other Bluetooth devices are also paired and connected to your phone, it is normal for the file transfer rate via Bluetooth to decrease. It is also normal behaviour for the Wi-Fi speed to be impacted and you may experience slower performance.

**How many BT 4.0 Low Energy (BLE) devices can be connected to the phone at most?**

1 BLE devices can be connected to the phone at the same time.

**After application MOVETIME is installed and MOVETIME Smartwatch is connected to your phone, the battery consumption speed of your phone increases.**

This is normal and the consumption includes:

- Keeping connection between your MOVETIME Smartwatch and phone.
- File transfer between your MOVETIME Smartwatch and phone.
- Disconnection, device scanning, and re-connection.

#### **Vibration does not work.**

- Charge and confirm that the battery works.
- Make sure the connection between your MOVETIME Smartwatch and phone is not interrupted.

#### **MOVETIME Smartwatch vibrates unexpectedly.**

- Check whether you have a call or notification.
- Make sure your MOVETIME Smartwatch is not too far away from your phone.

#### **Your MOVETIME Smartwatch does not respond.**

Long press the **Power** key for 8 seconds to restart MOVETIME Smartwatch.

#### **Factory reset**

If the instructions above fail to solve the problem, try to reset your MOVETIME Smartwatch.

In application MOVETIME, touch , then touch Watch\Settings\  
Factory Reset to reset your watch.

In watch interface, swipe left to main menu and then touch Setting\Factory reset to reset your watch.

<https://www.mobile-manuals.com/>

[www.tcl.com/wearables/](http://www.tcl.com/wearables/)

For more information on how to use MOVETIME Smartwatch, please go to [www.tcl.com/wearables/](http://www.tcl.com/wearables/) and download the complete user manual. Moreover, on the website, you can also find answers to frequently asked questions, and so much more.

**TCL**